



PPHI

## KNOWLEDGE QUESTIONNAIRE ANSWER KEY

1. Baby Akbar is born and weighs 2,000 grams. Baby Akbar is:
  - a. Normal weight for a term newborn
  - b. Low birth weight**
  - c. Very low birth weight
  - d. Above normal weight for male infants
  
2. What is Baby Akbar's chance of survival?
  - a. About the same for other newborns in his community
  - b. Better than the average male newborn
  - c. Lower than babies with a birth weight of 2,500 grams**
  - d. A little lower than those babies who are very low birth weight
  
3. Low birth weight babies are more likely to have a problem with:
  - a. Low blood sugar
  - b. Warmth
  - c. Infections
  - d. All of the above**
  
4. A typical LBW baby will benefit most from:
  - a. A bath soon after birth to prevent infection
  - b. Prolonged skin-to-skin contact with the mother**
  - c. Antibiotics by injection
  - d. A small amount of sugar water in the first day of life
  
5. Kangaroo Mother Care is a method that:
  - a. Should take place only in hospitals
  - b. Should be practiced only by the birth mother
  - c. Both a and b
  - d. Is a natural method for caring for low birth weight infants**

6. The advantages of KMC compared to conventional care include:
  - a. Can be done by providers if mothers are busy
  - b. Similar cost to the client
  - c. Longer duration of breastfeeding**
  - d. More access to skilled care due to longer hospital stay

7. The duration of KMC depends on all of the following **EXCEPT**:
  - a. The condition of the baby
  - b. The baby's weight
  - c. The method of family planning the mother decides to use**
  - d. How the baby tolerates KMC
  
8. Baby Sarah was born at 34 weeks gestation and is being prepared for KMC. The midwife should dress Baby Sarah in the following clothing to ensure that she stays warm:
  - a. A cardigan
  - b. A long sleeved shirt
  - c. A hat to cover Sarah's head**
  - d. All of the above
  
9. The midwife explains that babies can lose heat when:
  - a. The baby remains in KMC for too many hours.
  - b. The bath is delayed for more than 24 hours.
  - c. The baby is near, but not in contact with, cool objects.**
  - d. Antiseptics are applied to the cord.
  
10. Baby's Sarah's father wants to help care for his daughter. He can safely do which of the following while practicing KMC?
  - a. Take a shower
  - b. Go swimming in shallow water
  - c. Play a short game of football if he is gentle
  - d. Take a long nap**
  
11. Baby Liam was born at home and is now being cared for with the KMC method. His suck reflex is present but not very strong. To ensure that Baby Liam gets enough nourishment, the midwife teaches the mother to:
  - a. Give infant formula by cup
  - b. Bottle feed expressed breast milk
  - c. Give sugar water between feeds
  - d. Give expressed breast milk by cup**
  
12. All of the following are true about cup feeding **EXCEPT**:
  - a. Breathing is easier than in bottle feeding.
  - b. The jaw action prepares a baby to breastfeed later.
  - c. The baby cannot control the amount of milk taken in.**
  - d. It takes less energy than bottle feeding.

13. The quantity and frequency of Baby Liam's feeds during the first 2 weeks will depend on:
  - a. His birth weight
  - b. His age
  - c. How much he sleeps
  - d. Both his birth weight and age**
  
14. While observing a mother expressing breast milk, the doctor notices that she massages the breast from the outside toward the nipple. The doctor encourages the mother to:
  - a. Massage the breast in the opposite direction
  - b. Massage both breasts at the same time
  - c. Continue this correct technique**
  - d. All of the above
  
15. Tube feeding is advised for all low birth weight infants who cannot breastfeed and:
  - a. Weigh less than 1,000 grams
  - b. Cannot cup feed**
  - c. Both a and b
  - d. Sleep too much
  
16. Early feeding of LBW babies with breast milk can result in:
  - a. More dehydration and eventual hypoglycemia
  - b. Superior rates of weight gain**
  - c. High incidence of vomiting and diarrhea in preterm babies
  - d. Slow gastric emptying in babies less than 37 weeks
  
17. Danger signs in LBW babies are:
  - a. Different from those for normal weight babies
  - b. Not as common as they are in normal weight babies
  - c. Serious and include feeding and breathing problems**
  - d. Not very serious since the infant is small
  
18. Essential newborn care for ALL babies, regardless of weight, should include which of the following?
  - a. Clean cord care**
  - b. Bathing the baby immediately after birth
  - c. Preventive drugs for malaria
  - d. All of the above

19. A baby in the KMC unit becomes sick and needs to be referred. During referral, the nurse should encourage the mother to:
- Keep the baby in skin-to-skin contact during transport**
  - Refrain from feeding the sick infant to avoid breathing problems
  - Keep the baby in a cot to avoid cross-infection
  - Work with the health staff to ensure that the baby is periodically given oxygen during the referral
20. A mother has been practicing KMC at home for 4 weeks. Her baby now weighs 2,500 grams. When she returns for a follow-up visit, the doctor advises her that she can:
- Continue KMC until the baby gains more weight
  - Discontinue KMC if the baby is otherwise well**
  - Return in 2 weeks for a follow-up visit
  - None of the above responses are appropriate for this baby